

BME COMMUNITY DEVELOPMENT WORKERS

TALK TO US

OFF
THE **RECORD**

TACKLING MENTAL HEALTH INEQUALITY

WHO ARE WE?

The Community Development Workers service helps the Black and Minority Ethnic (BME) community to develop mental health services. By providing support to mental health and community organisations we aim to help the development of services for young people and young adults aged 0-35.

WHAT DO WE DO?

We support mental health services and community organisations to engage Black and Minority Ethnic (BME) communities in their work by:

- Empowering BME communities to play a key role in the development of services.
- Identifying barriers to accessing mental health services.
- Raising awareness of mental health issues and challenging mental health stigma within BME communities.
- Acting as a supportive link between BME communities and mental health services.
- Helping organisations to build capacity.
- Bridging the gap between community organisations and statutory services, providing information and advice on how to engage with BME groups.

“You’ve provided a lot of thought about the future direction of mental health services and how they engage BME communities”

“The Mental Health Awareness training will be helpful in my job and has given me a different perspective on how I could be talking to people”

WHAT DO WE BELIEVE?

As Community Development Workers, we are committed to raising awareness of mental health and reducing any stigma that is attached. We believe that services should be accessible to all people, particularly BME communities, and that discrimination in mental health services should be a thing of the past. Also, we believe that BME community organisations have a significant role to play in the strategic development of more culturally appropriate and responsive mental health services.

“Thank you for the fantastic training event which was very inspiring, good for networking and provided useful information sharing...”

MAKING THE FIRST CALL...

Whether you belong to a new or existing BME community organisation or you are from a statutory organisation that would like to develop your service offering for BME communities, you can access our service for support.

CONTACT US



020 8251 0251



cdw@talkofftherecord.org



CDW, 72 Queens Road,
Croydon, Surrey, CR0 2PR



www.talkofftherecord.org



www.fb.com/talkOTR



@talkOTR